

# CIF Section Results

## Northern Section

From Chuck Shaley (Chico)

November 7, Chico.

### Girls Teams

1 Enterprise	41
2 Chico	81
3 Shasta	84
4 Lassen	99
5 Red Bluff	101
6 Portola	143

### Girls Individuals (3 miles, 52 finishers)

1 Dunlap (Anderson)	18:25
2 Rife (Portola)	18:50
3 Hollahan (Enterprise)	19:02
4 Martin (Enterprise)	19:10
5 Carter (Shasta)	19:11
6 Bonomini (RB)	19:18

### Boys Teams

1 Las Plumas	77
2 Shasta	85
3 Paradise	106

4 Yreka	108
5 Red Bluff	130
6 Central Valley	130
7 Chico	137
8 Anderson	175
9 Enterprise	249
10 Lassen	256
11 Pleasant Valley	294
12 Oroville	306

### Boys Individuals (102 finishers, 3 miles)

1 Frey (Yreka)	15:11
2 Weldlein (Anderson)	15:57
3 Davies (Paradise)	15:59
4 Goulet (Quincy)	16:04
5 Woods (Central Valley)	16:08
6 Freer (Hayfork)	16:17
7 Dillon (Chico)	16:18
8 Williams (Las Plumas)	16:19
9 Hoven (Modoc)	16:23
10 O'Shea (Paradise)	16:24
11 Elven (Las Plumas)	16:25
12 Scott (Shasta)	16:27
Fresh Boys (1.85 miles)	
1 Wall (Lassen)	9:15

## Sac Joaquin Section Championship Meet

by Steve Fagundes

November 11, Sierra College, Rocklin.

Outstanding performances were the order of the day at the Sac-Joaquin Section Cross Country Championships, contested over Sierra College's three mile course. In the girls division, junior Joni Mooney (Vacaville) successfully defended her title despite a strong challenge from junior Julie Van Horn (Kennedy, Sacramento). With less than a half mile remaining in the race, Mooney pulled away on the final hill to record her second consecutive title. El Dorado (Placerville), the pre-meet favorite for the team championships, was tested by Del Oro (Loomis), the defending champions. Written off in the early season due to the loss of Liz McDowell (Second in this meet last year), the Del Oro squad responded with a strong second place finish, ten points behind in the scoring and only a half second in cumulative time. Sophomore Julie Rivers led El Dorado, which is finally at full strength after a month of injury and/or illness to key individuals, with junior Stacey McAfee pacing Del Oro.

The boys individual race was dominated by Jason Flamm (La Sierra, Carmichael). Only senior Rene Perez attempted to stay with Flamm as both passed the first mile in 4:30. With Perez fading to fourth at the finish, the La Sierra senior pushed on to become the first individual ever under fifteen minutes, breaking Harold Kuphaldt's (Bella Vista, Fair Oaks) course record with a 14:50. Placing their top five runners in the top twenty-five individuals, Jesuit (Carmichael) easily captured the team title. The Jesuit harriers were led by senior Brett Stauffer and freshman twins, Mark and Eric Mastallr.

### Girls Individuals

1 Joni Mooney (Vacaville)	17:50
2 Julie Van Horn (Kennedy)	17:58
3 Stacey McAfee (Del Oro)	18:24
4 Julie Rasmussen (Lincoln)	18:28
5 Laurie Bushling (Yuba City)	18:44
6 Sally Pinkner (Davis)	18:47
7 Beth Terapelli (Encina)	18:51
8 Ronda Wagner (Mariposa)	18:53
9 Julie Rivers (El Dorado)	18:54
10 Deonne Self (Del Campo)	18:56
11 Charine Kashuba (Casa Roble)	19:12
12 Dian Shelgren (El Camino)	19:14
13 Tubman (Grace Davis)	19:17
14 Ann Pimental (East Union)	19:17
15 Robin Nath (Sonora)	19:18
16 Janet Brazilton (Vacaville)	19:22
17 Shari Virga (Del Campo)	19:23
18 Riley (Nevada Union)	19:25
19 Wendy Knox (Del Oro)	19:26
20 Beth Wilson (Del Oro)	19:26

Girls Team Scores: 1. El Dorado (Placerville) 74 (97:39), 2. Del Oro (Loomis) 84 (97:39), 3. Del Campo (Fair Oaks) 117 (99:17), 4. Merced 123 (99:50), 5. Davis 139 (99:59).

### Boys Individuals

1 Jason Flamm (La Sierra)	14:50
2 Rod Curry (Christian Bros.)	15:20
3 Pete Vicencio (Del Oro)	15:28
4 Rene Perez (Woodland)	15:34
5 Orasco (Turlock)	15:34
6 Gabriel Chavez (Franklin)	15:35
7 Valdez (Merced)	15:36
8 Chris Allen (Mira Loma)	15:39
9 Mike Edwards (Nevada Union)	15:40
10 Jerry Saldana (Riverbank)	15:41
11 Mark Mastallr (Jesuit)	15:41
12 Brett Stauffer (Jesuit)	15:43
13 Mike Larsen (Del Campo)	15:44
14 Andre Tenthorey (Cordova)	15:45
15 Chris Adcock (Placer)	15:45
16 David Vanatta (Oakmont)	15:50
17 Doug Willeager (Merced)	15:51
18 Mike Stafford (Mira Loma)	15:53
19 Rob Schmalenberger (Davis)	15:56
20 Eric Mastallr (Jesuit)	15:57

Boys Team Scores: 1. Jesuit (Carmichael) 57 (79:29), 2. Nevada Union (Grass Valley) 89 (80:26), 3. Cordova (Rancho Cordova) 118 (81:26), 4. Merced 145 (82:19), 5. Mira Loma (Sacramento) 154 (82:12).

## San Francisco Section All-City Championships

From KEITH CONNING

November 16, Polo Field, Golden Gate Park. 3.1 miles.

Boys Team Scores (One team advances to Nor-Cal): 1. Lowell (San Fran.) 31, 2. Washington (San Fran.) 43, 3. O'Connell (San Fran.) 127, 4. McAteer (San Fran.) 141, 5. Lincoln (San Fran.) 165, 6. Mission (San Fran.) 166, 7. Balboa (San Fran.) 190, 8. Galileo (San Fran.) 248.

### Boys Individuals (top 2 advance)

1 Bob Richardson (Lowell)	17:10
2 Matthew Gong (Washington)	18:03
3 Frank Sadler (Washington)	18:03

Girls Team Scores (One advance): 1. Lowell 29, 2. Lincoln 77, 3. McAteer 81, 4. Washington 153, 5. Galileo 190, 6. O'Connell 266.

### Girls Individuals (top 2 advance)

1 Adrienne Diglesi (McAteer)	20:02
2 Maura Diglesi (McAteer)	20:02
3 Elizabeth Brown (Lowell)	20:50

## Oakland Section

From KEITH CONNING

November 19, Lake Merritt, Oakland. 2.6 miles.

Boys Team Scores (One team advances to Nor-Cal): 1. Skyline (Skyline) 20, 2. Oakland 43, 3. Castlemont (Oakland) 93, 4. Fremont (Oakland) 96, 5. McClymonds (Oakland) 126, Oakland Technical incomplete.

### Boys Individuals (top 2 advance)

1 Charles Cypher (Skyline)	13:27
2 Donald Pluth (Skyline)	13:54
3 Noah Hinkston (Tech)	13:56
4 Michael Kelly (Oakland)	14:13
5 Jeff DeWitt (Skyline)	14:19
6 Jeff Salcido (Fremont)	14:20

Girls Team Scores (one advance): 1. Skyline 20, 2. McClymonds 38, Rest of field incomplete.

### Girls Individuals (top 2 advance)

1 Julie Calandra (Skyline)	17:41
2 Heather Pieratdi (Skyline)	18:03
3 Topeka Jackson (McClymonds)	18:32
4 Christine Martinez (Oakland)	18:36
5 Cherri Smith (Oakland)	18:48
6 Helen Metals (Skyline)	18:52

## Central Section Valley Championships

From STEVE WARD

November 19, Woodward Park, Fresno.

Boys Team Scores: 1. Sanger 57, 2. Clovis 62, 3. Madera 71, 4. Mt. Whitney (Visalia) 110, 5. Parlier 130, 6. Porterville 157, 7. McFarland 168, 8. Fresno 181, 9. North (Bakersfield) 184.

### Boys Individuals (3 miles)

1 Chris Bahr (Mt. Whitney)	15:04
2 Bryan Bradburn (Madera)	15:14
3 Pete Nunaz (Golden West)	15:23
4 Miguel Hurtado (Sanger)	15:23
5 Gary Nagel (Mt. Whitney)	15:25
6 Martin Leal (Sanger)	15:28
7 David Naranjo (Sanger)	15:29
8 Gabe Torres (Clovis)	15:34
9 Jesse Aguilar (Parlier)	15:37
10 Jesse Serna (McFarland)	15:37
11 James Thompson (Hoover, Fres.)	15:41
12 James Peterson (Reedley)	15:45
13 David Escobar (Shafter)	15:45
14 Steve Pettis (Porterville)	15:45
15 Dan Vega (Clovis)	15:46

Girls Team Scores: 1. Clovis 25, 2. West (Bakersfield) 80, 3. Redwood (Visalia) 86, 4. Clovis West 123, 5. Bakersfield 142, 6. Lemoore 152, 7. Sanger 156, 8. North (Bakersfield) 181, 9. Hoover (Fresno) 197.

### Girls Individuals

1 Lori Cook (Golden W. Visalia)	11:50
2 Lisa Lewis (Clovis)	11:53
3 Linda Hooke (Bullard, Fresno)	12:00
4 Terry Guajardo (Clovis)	12:07

"Top Outdoor Invitational West of the Mississippi"  
—Howard Willman (Track & Field News)

# 16th Arcadia Invitational

Track and Field Meet for High School Men & Women  
**Sat. - April 16, 1983**

4:30 pm - Field Events • 7:00 pm - Running Events

★ 1982 Meet featured entries from 10 California Men's State Champions.

★ 1982 Meet featured entries from 11 California Women's State Champs.

★ 1982 Meet 7 National Best Marks (Denean Howard 52.90 400 Meters National Federation Record).

★ Open to all California Schools, all Arizona Schools, all Oregon Schools, and Nevada Schools within 300 miles.

Men: 10:57 - 21.2 - 47.05 - 1:49.9 - 4:06.7 - 8:45.2  
14:04 - 36:15 - 41.5 - 3:13.1 - 10:13.6 (DMR) - 7'11"  
16'5" - 24'10" - 50'8 3/4" - 66'10 1/4" - 204'11"

Women: 11:57 - 23:77 - 52:90 - 2:10.2 - 4:53.45  
10:28.97 - 14:17 - 42:70 - 46.6 - 3:46.3  
11:59.11 (DMR) - 5'10" - 20'4 3/4" - 37'11" (TJ)  
50'10" - 172'4"

Metric Distances

Sprints Fully Electric Accutrack Timed

For Meet Information:

Doug Speck • Arcadia High School  
180 Campus Dr. • Arcadia, CA 91006  
(213) 446-0131 or (213) 445-7507

5	Stacey Chavez (West)	12:11
6	Cathy Stebbles (Clovis)	12:11
7	Tiffany Shaw (Clovis West)	12:14
8	Tracie Shelley (Clovis)	12:24
9	Lupe Rodriguez (Sanger)	12:25
10	Melissa Chavez (West)	12:25
11	Chris Martinez (Redwood)	12:28
12	Salli Orome (San J. Memorial)	12:30
13	Sarah Streeter (Redwood)	12:30
14	Pam Ash (North)	12:34
15	Rose Alcazar (McLane, Fresno)	12:36

## CIF — Southern Section Championships

By Doug Speck

November 13 & 20. Mt. San Antonio College.

On the Saturdays of November 13th and 20th the massive CIF Southern Section gathered at Mt. San Antonio College for its preliminary and finals cross-country action. The super weather that has blessed the area for the last half of the season, which included the Mt. SAC Invitational, continued right through the Section Championships on the challenging three mile course. The form charts for the competitions held fairly true to form, as the schools ranked right at or near the top from midseason on in local rankings in the four school-size divisions in the Men's and Women's took home championship plaques. Mild upsets provided some excitement in the 4A (large schools) division races. Individually, Eric Reynolds (Camarillo) and Tania Fischer (Chaminade, Canoga Park) concluded their scholastic cross-country careers with fine races. Eric raced to a 4A win, pulling away from Pasadena's Jesus Gutierrez after a mile and three-quarters to run the second fastest time ever on the course at 14:39. The Course Record is 14:32, set by national two mile record holder, Jeff Nelson (Burbank) in 1978. Tania Fischer charged to a totally solo 17:32 in winning the Women's 2A race. Tania now has the 4th, 5th, 6th, 8th, and 10th fastest individual efforts for the young ladies on the Mt. SAC course. Her PR is 17:29 from last year.

### 4A Women

From mid-season on the question had been whether or not the magic at University (Irvine) was gone. In the October 16th Orange County Championships the Trojans had been a race winner, but their team time was almost two minutes slower than Foothill (Santa Ana) who won another run. Talk of injuries and illness that the Uni crew might not be able to overcome saw them slip to 2nd in the CIF-SS poll for the first time in three years. At the Mt. SAC Invitational the mystery deepened, as Uni ran a JV group in their Varsity race, while Foothill powered to an impressive 94:59 Team Sweepstakes win. Uni looked good in duals and easily won their League title. Questions about Uni's ability seemed partially answered in the Sectional Prelims where they seemed to run under control to total 26 points (95:19), while Foothill scored 35 (96:09) in their race. In the Finals the Trojans pulled out all the stops, and with their top trio running for broke Uni scored 51 (93:33) to 83 for Foothill (95:00). Julie Seleine, a JV athlete in 1981, paced Uni in 2nd at 18:07. Judy McLaughlin (5th-18:28), and Teresa Barrios (7th-18:37) were the up-front Uni trio. The 93:33 team time is third best ever on the course, behind only the 92:28 and 92:25 from last year's (healthy) Uni squad. Plugging in lifetime bests for the Uni girls (Barrios ran 17:43 in 1981, etc.) adds up to 92:43. Healthy, the 1982 Uni group is comparable to last year's Nationally ranked No. 1 squad.

Individually, Palos Verdes' Kristen O'Hara established herself as the favorite with an 18:25 Heat win, and she headed out to an unoppressed 18:03 Finals triumph (making her the 13th fastest all-time here).

### 4A Men

All year long there had been a three-team struggle for the top ranking in this division between Orange County powers Mater Dei (Santa Ana), El Modena (Orange), and El Dorado (Placentia). These are three awesome teams. Mater Dei was California's No. 1 ranked 1981 squad, and they looked potentially tougher in 1982. The Monarchs rolled to a 79:06 (No. 5 All-Time) Mt. SAC Team Sweepstakes win in midseason. El Modena headed north in mid-year to win the Stanford Invitational, and led by 1:52 half-miler Ruben Esparza, they romped over all they came in contact with in Southern California. El Mo had a team time five seconds faster than Mater Dei in separate Orange County Championship race wins. El Dorado ripped teams from the start of the year in its own Invitational, and raced an excellent 80:03 at the Mt. SAC invitational without one of its two top runners. Mater Dei (79:42) and El Dorado (79:26) were Prelim Heat winners, while a peaking Palos Verdes squad (80:08) nipped El Modena (80:23) in the third 4A prelim heat. Consistency favored Mater Dei, but the defeat the previous week may have been a blessing in disguise for El Modena, as Coach Tom Weber's Vanguarda seemed to run with a real vengeance today during the last mile to move up to places 5-7-13-15-27 in team scoring (a 1-5 30 second gap) to nip Mater Dei 67-78. El Mo ran 79:09 (6th best ever on the course) to Mater Dei's 79:19 (8th best ever). Palos Verdes was close too, with Joe Kelly's troops scoring 87 (79:24).

Individually, Camarillo's Eric Reynolds was the favorite, but he was going to be chased by perhaps the top group of 4A individuals ever gathered. As Reynolds related to Glenn Parsons of the Pasadena Star News, his plan was to go out hard and just see what happened. Through the first mile and a half, which ends at the top of a tough switch-back hill loop, Reynolds was a big leader. Surprisingly, by the end of the quarter mile down-hill off that loop, a small group, led by Pasadena's Jesus Gutierrez, had caught Eric. As the race approached "poop-out" hill prior to two miles Eric began to pull away again. He rolled to an easy 14:39 win, as Gutierrez edged Mark Junkermann (Los Alamitos), 14:58 for both, for second.

### 3A Women

Mira Costa (Manhattan Beach) was a slight favorite over Bishop Amat (La Puente) after the Prelims. Amat did not run its best race in the Finals, and the individual win by Laura Cattivera and two other MicoHi teammates in the top eight spelled an easy Mira Costa win with 56 points (95:41). Mico had run 94:40 (4th fastest team time ever) in the Mt. SAC Invitational here. Coach Steve Spraker's Saugus girls finally got everyone on the course in some semblance of a healthy condition, and they roared into second with 102 points (98:51).

Individually, this race featured some determined young ladies. Claire Fell (Mater Dei) and Sylvia Mosqueda (San Gabriel) are legendary for their starts which generally take them through the first quarter mile around 70 seconds. Fell did not slow down much today, as she had a big lead through a mile and three-quarters, where reality set in. The pack, led by Laura Cattivera, began to close in from there on in. From the two and one-half mile mark, going up and down the final Reservoir Hill, it appeared Fell would have difficulty finishing. Claire finally did finish in 18th place. Kathy Ebner followed Cattivera's 17:49 winning time in as the 11th girl to break 18:00 here with her 17:59 for 2nd.

### 3A Men

In a very competitive division, Coach Roy Nilsson's Montebello Oilers had held on to the number one ranking from the beginning of the season. A group of four or five truly fine squads were possible division champs if the Oilers faltered the slightest. Coach Don Braden's Barstow group, moved up to this 3A level after two consecutive 2A championships, peaked in fine manner (as usual) to provide Nilsson's group with the most competition. Montebello packed 7 into a 10 se-

cond gap at 16:00 in the Prelims for 27 points (80:16). Barstow scored 51 (80:23) in winning a second heat, but the 1-2 Aztec punch of individual favorite Jim Ortiz and Ed Toro (15:30) could spell trouble for Montebello with their high placings. The Oiler's Manuel Brasley broke from his team in the Finals to place 6th overall (behind Ortiz' win), but ahead of Toro in 7th. Henry Morton (Barstow) dropped 28 seconds from the Prelims to 15:46 and 9th individually to make it squeaky tight. The results were Montebello 62 (79:52) and Barstow 63 (79:11) — two super teams in a super competition. Up front, Ortiz (15:04 win) was kept honest by Burbank's Eugene Cruz (15:06-tied for 15th all-time on the course).

### 2A Women

Lompoc High, the dominant Southern California school in the Men's division in the early 1970's, seemed destined to return to Championship heights this year with a fine returning ladies group. Sally Rich, one of the team leaders, is the daughter of one of the coaches of that former great Lompoc group, so it is kind of titting that success reigns. Kerri Hiatt (same name but no relation to the Lompoc Men's Coach who built the 70's dynasty) led the Braves in 8th (19:26) and Rich was 12th (19:46). The other three scorers were in the top 29 for Lompoc's winning 86 points (100:21). Valencia (Placentia) continued its season-long improvement to move into second at 109 points (101:48).

Tania Fischer raced to her second consecutive 2A individual title with a 17:32 solo run (6th fastest performance ever at Mt. SAC). Louisville's Kathy Manning outlasted Chino's Tammy Brazel 18:20-18:28 in the battle for second.

### 2A Men

Another squad bridled with a number one ranking from the start of the year, Arroyo (El Monte), handled that burden nicely. The Knights, under Coach Tim O'Rourke put together a season of fine races capped by a big win here. Running smartly, and in a domineering manner, the Knights put 6 in the top 22 individually to score 61 (81:02) over Crespi (Encino) 117 (82:49). Their win would have been even more dominant, but the ill Andrew Montez faded from the top five to 38th in the final mile.

In the individual race, 1:52 half-miler Brian Casey of Righetti (Santa Maria), looked capable of out kicking anybody near him in the final quarter during Prelims action. Lompoc junior Dennis Block pushed Casey the hardest in the Finals race, but Brian seemed to cruise to a 15:23 win. An efficient, smooth strider, Casey looks like he will be ready for good things come the spring track season.

### 1A Women

Squeezing three into the top twelve individually, the pre-race favorites, Morro Bay, squeezed past Bishop High 55 (105:19) to 68 (106:46). Kathy Lewis led the Pirates in 6th at 19:55. Morro Bay had raced 103:54 back at the Mt. SAC Invitational. The individual winner, controlling the race comfortably after a mile, was 2:12.49 800 meter runner, Lisa Garnett (Marymount, LA) at 18:47.

### 1A Men

After being questioned for a time, Sherman Indan (Riverside) had restored its dominance to this division in mid-season with a 1A level race win at Mt. SAC Invitational. La Salle (Pasadena) (83:21) and Brentwood (83:40) seemed capable of pushing Sherman (83:29) after the Prelims. Brentwood, especially, seemed threatening with the potent 1-2 punch of George Yuster and Kenny Williams. George (15:11) and Kenny (15:49) went 1-3 with La Salle's J.P. Hall sandwiched in at 15:23 individually. But Sherman really gets it together for the Finals, and the Indians put five in the first 25 for 69 points (82:51) and their sixth Sectional Championship in the past decade. Yuster's fine solo 15:11 makes him the 26th fastest in Mt. SAC's history.

### Boys AAAA

1	Reynolds (Camarillo)	14:39
2	Guerra (Pasadena)	14:48

3	Junkermann (Los Alamitos)	14:58
4	Palma (Glendale)	15:13
5	Harris (Eisenhower)	15:14
6	Watson (Palos Verdes)	15:18
7	Green (Villa Park)	15:28
8	Baugh (Huntington Bch)	15:35
9	Martinez (Mater Dei)	15:36
10	McGaha (El Modena)	15:36

### Boys AAA

1	Ortiz (Barstow)	15:04
2	Cruz (Burbank)	15:06
3	Watson (Canyon, Saug.)	15:19
4	Clifford (San Clemente)	15:20
5	Carmack (South Hills)	15:29
6	Brasley (Montebello)	15:35

### Boys AA

1	Casey (Righetti)	15:33
2	Block (Lompoc)	15:37
3	Loud (Charter Oak)	15:42

### Boys A

1	Yuster (Brentwood)	15:11
2	Hail (La Salle)	15:23
3	Williams (Brentwood)	15:49

### Girls AAAA

1	O'Hara (Palos Verdes)	18:03
2	Seleine (University)	18:07
3	Meyers (Foothill)	18:10
4	Fairman (Thousand Oaks)	18:20
5	McLaughlin (University)	18:28
6	Morris (Costa Mesa)	18:34
7	Barrios (University)	18:37

### Girls AAA

1	Cattivera (Mira Costa)	17:49
2	K. Ebner (Bishop Amat)	17:59
3	Mosqueda (San Gabriel)	18:11
4	Williams (Norco)	18:33
5	Rizzo (Hart)	18:38

### Girls AA

1	Fischer (Chaminade)	17:32
2	Manning (Lompoc)	18:20
3	Brazel (Chino)	18:28
4	Mayfield (Cabrillo)	18:33

### Girls A

1	Garnett (Marymount)	18:47
2	Mohr (La Reina)	19:05
3	Shottiff (Moorpark)	19:36

## North Coast Section Meet of Champions

From KEITH CONNING

November 20. Coyote Hills Regional Park, Newark.

Boys Team Scores (3 to qualify to Nor-Cal): 1. Livermore 95, 2. Berkeley 122, 3. De La Salle (Concord) 125, 4. Northgate (Walnut Creek) 134, 5. Castro Valley 150, 6. San Ramon (Danville) 186, 7. Granada (Livermore) 195, 8. Tamalpais (Mill Valley) 202, 9. Miramonte (Orinda) 224, 10. Redwood (Larkspur) 230, 11. Mission San Jose (Fremont) 244, 12. Arcata 258, 13. Fort Bragg 260, 14. Cardinal Newman (Santa Rosa) 293, 15. Encinal (Alameda) 311.

Boys Individuals (6 individuals not on one of the top three team advance to Nor-Cal)

1	John Morse (Las Lomas)	16:15
2	Calvin Gaziano (Castro Valley)	16:28
3	Dave Basinger (Granada)	16:33
4	John Bass (Castro Valley)	16:36
5	Mike Spencer (Castro Valley)	16:37
6	Robt Gomez (St. Elizabeth)	16:37
7	Scott Hill (Mission San Jose)	16:42
8	Jim Chaney (College Park)	16:43
9	Ryan Gilliam (Newman)	16:45
10	Steve Sparks (Terra Linda)	16:48
11	Jim West (Livermore)	17:52
12	Mark Goralka (Livermore)	17:02
13	Jim Howard (Northgate)	17:03
14	John Wilhelm (Northgate)	17:07
15	Brian Vaughan (Berkeley)	17:09
16	Sal D'Acquisto (Ft. Bragg)	17:11
17	John Foley (Miramonte)	17:15
18	John Lego (Livermore)	17:16
19	David Hansell (Acalanes)	17:21
20	Martin Higginbotham (Berkeley)	17:22
21	John Fitzsimmons (De La Salle)	17:27
22	Alex Lopez (Encinal)	17:30
23	Eric Hansen (Tamalpais)	17:31

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# Prep Notes

24 Shawn Nilsson (Lower Lake)	17:32
25 John Latting (Alhambra)	17:33
26 David Anthony (Northgate)	17:35
27 Steve Schram (Piner)	17:35
28 Bart Stephens (San Ramon)	17:36
29 Roland Westgate (Berkeley)	17:37
30 Leo Scott (San Ramon)	17:38

**Girls Team Scores (3 qualify to Nor-Cal):**  
1. Piedmont 103, 2. Miramonte (Orinda) 115, 3. Alhambra (Martinez) 144, 4. Amador Valley (Pleasanton) 161, 5. Eureka 172, 6. San Ramon (Danville) 176, 7. Carondelet (Concord) 184, 8. Berkeley 185, 9. Terra Linda (San Rafael) 188, 10. Marin Catholic (Kentfield) 230, 11. Fort Bragg 242, 12. Redwood (Larkspur) 248, 13. Granada (Livermore) 254, 14. Northgate (Walnut Creek) 278, 15. Mission San Jose (Fremont) 331.

**Girls Individuals (8 individuals not on one of the top three teams qualify to Nor-Cal)**

1 Wendy Sihner (Miramonte)	19:10
2 Paige Tully (Alhambra)	19:26
3 Jenny Thatcher (Encinal)	19:43
4 Jennifer Bocca (Anaty)	19:45
5 Amy Cathcart (Amador Valley)	19:48
6 Allison Keller (Piedmont)	19:0
7 Ann Ratto (Alameda)	19:54
8 Kathy Cooke (O'Dowd)	19:55
9 Terrie Martin (Redwood)	20:03
10 Eugenia Jauregui (Newark Mem)	20:03
11 Dana Whitney (Mission S.J.)	20:09
12 Heather Watkins (Berkeley)	20:11
13 Colleen Strout (Carondelet)	20:13
14 Claudine Wilde (Logan)	20:19
15 Doniece Johnson (Berkeley)	20:23
16 Sarah Hill (Piedmont)	20:24
17 Tina Goodykoontz (San Ramon)	20:29
18 Amy Stout (Petaluma)	20:34
19 Nancy Benson (Piedmont)	20:39
20 Julie Ruiz (Ursuline)	20:40
21 Kathy Daley (Granada)	20:41
22 Sue Banfield (Miramonte)	20:44
23 Michele Manasewitsch (Northgate)	20:51
24 Sally Carlson (Ferndale)	21:00
25 Heather Houston (Eureka)	21:02
26 Dana Pyyor (Fort Bragg)	21:05
28 Crissy McGee (Marin Catholic)	21:05
29 Kacey Burns (Northgate)	21:07
30 Kathy Laughlin (Terra Linda)	21:07

## Central Coast Section

From KEITH CONNING

**November 24. Crystal Springs, Belmont. 2.93 miles.**  
**Boys Team Scores:** 1. Willow Glen (San Jose) 56, 2. Leigh (San Jose) 78, 3. Saratoga 86, 4. Bellarmine (San Jose) 128, 5. Leland (San Jose) 177, 6. Live Oak (Morgan Hill) 194, 7. Monta Vista (Cupertino) 196, 8. Serra (San Mateo) 205, 9. Gunderson (San Jose) 213, 10. Capuchino (San Bruno) 214, 11. Los Gatos 229, 12. South San Francisco 245, 13. Homestead (Sunnyvale) 251, 14. North Monterey County (Castroville) 366, 15. San Lorenzo Valley (Felton) 380.

**Boys Individuals (top 8 advance to Nor Cal)**

1 Matt Guisto (San Mateo)	15:04
2 Mike Anderson (Carlmont, Bimnt)	15:09
3 Chris Richards (Homestead)	15:15
4 Doug Gollifer (Saratoga)	15:19
5 Mike Livingston (Willow Glen)	15:23
6 Tom Legan (Del Mar, San Jose)	15:24
7 Grant Foster (Monta Vista)	15:26
8 Kevin Abbey (Hillsdale, Sn Mateo)	15:28
9 Jim LaFuente (Mt. Pleasant, S.J.)	15:32
10 James Green (Gunderson)	15:33
11 Chris Craig (Leigh)	15:37
12 Dave Livingston (Willow Glen)	15:39
13 Aaron Gabriel (Saratoga)	15:40
14 Pau Ghidossi (Capuchino)	15:43
15 Greg Rivera (Willow Glen)	15:46

**Girls Team Scores (top 3 advance to Nor Cal):** 1. St. Francis (Mountain View) 55, 2. Gunn (Palo Alto) 88, 3. Saratoga 112, 4. Leland (San Jose) 125, 5. Los Gatos 153, 6. Leigh (San Jose) 161, 7. Menlo-Atherton (Atherton) 184, 8. Mitty (San Jose) 215, 9.

Terra Nova (Pacific) 225, 10. North Salinas (Salinas) 255, 11. Carlmont (Belmont) 284, 12. Santa Teresa (San Jose) 285, 13. San Mateo 295, 14. Aptos 353, 15. Gilroy 358.

**Girls Individuals (top 8 advance to Nor Cal)**

1 Shannon Clark (Mt. View)	17:26
2 Cory Schubert (Del Mar, S.J.)	17:33
3 Rebecca Chamberlin (Leigh)	18:09
4 Susan Brodie (St. Francis)	18:25
5 Katie McKinnon (Saratoga)	18:36
6 Nanette Garcia (Silver Creek, S.J.)	18:41
7 Michelle Seck (Lynbrik, Sunnyvale)	18:44
8 Caria Halford (Leland)	18:49
9 Jeanette DeMoss (Leland)	19:12
10 Jennifer Eberhardt (Blockfrd, S.J.)	19:15
11 Dana Rositano (St. Francis)	19:16
12 Silvia Aguirre (Burlingame)	19:19
13 Connie Buckler (Saratoga)	19:22
14 Mona Lopez (Notre Dame)	19:23
15 Becky VanZant (Wilcox, Snta Cir)	19:24

## San Diego Section

From DENNIS McCLANAHAN

**November 24. Morley Field, Balboa Park, San Diego.**

**3A Division Boys Team Scores:** 1. Monte Vista (Spring Valley) 56, 2. Valhalla (El Cajon) 65, 3. Mt. Carmel (San Diego) 109, 4. Serra 150, 5. Vista 161, 6. Orange Glen (Escondido) 168, 7. Poway 238, 8. Henry (San Diego) 250.

**3A Division Boys Individuals (5,000 miles)**

1 Aaron Ruud (Valhalla)	16:06
2 Martin Sandoval (Monte Vista)	16:10
3 Danny Ouellette (Mira Mesa)	16:18
4 Ari Schuader (Monte Vista)	16:27
5 Fontain (Serra)	16:36
6 Fitcher (Serra)	16:37
7 Nowakowski (Mira Mesa)	16:39
8 David Rau (Monte Vista)	16:49
9 Warburton (Valhalla)	16:58
10 Felipe Ruiz (Orange Glen)	17:00
11 Chris Price (Mount Carmel)	17:02

**2A Division Boy Team Scores:** 1. Bonita Vista (Chula Vista) 55, 2. Mar Vista (Imperial Beach) 73, 3. San Pasqual (Escondido) 108, 4. El Capitan (Lakeside) 113, 5. Torrey Pines (Del Mar) 160, 6. Hilltop (Chula Vista) 163, 7. Sweetwater (National City) 173.

**2A Division Boys Individuals**

1 Matt Clayton (Mar Vista)	16:30
2 Chris Courter (Bonita Vista)	16:35
3 Jesus Sandoval (SW, S.D.)	16:42
4 Martinez (Mar Vista)	16:49
5 Storms (Torrey Pines)	16:53
6 Ronald Estrada (Pt. Loma, SD)	16:57
7 Manuel (Bonita Vista)	17:13
8 Rincon (El Cajon Valley, E.C.)	17:15
9 William Guarino (Mar Vista)	17:20

**1A Boys Team Scores:** 1. El Camino (Oceanside) 46, 2. Ramona 67, 3. St. Augustine (San Diego) 106, 4. University City 128, 5. La Jolla 131, 6. University (San Diego) 157, 7. Castle Park (Chula Vista) 179.

**1A Boys Individuals**

1 Pat Green (La Jolla)	16:36
2 Paul Greer (St. Augustine)	16:41
3 Bill Koenig (Ramona)	16:45
4 Groulx (El Camino)	17:03
5 Vasquez (St. Augustine)	17:05
6 Brown (El Camino)	17:07
7 Balgom (Ramona)	17:19
8 Snachez (El Camino)	17:24
9 Batis (El Camino)	17:25
10 Mendelsohn (La Jolla)	17:29

**3A Division Girls Team Scores:** 1. Mount Carmel (San Diego) 83, 2. Valhalla (El Cajon) 91, 3. Vista 96, 4. Helix (La Mesa) 114, 5. Henry (San Diego) 143, 6. Mira Mesa 172, 7. Poway 174.

**3A Girls Individuals**

1 Sandy Blakeslee (Vista)	13:28
2 Pauline Stehly (Orange Glen)	14:13
3 Garcia (San Dieguito, Encinitas)	14:18
4 Deanna Lovell (Helix)	14:24
5 Kim Sterton (Mt. Carmel)	14:24
6 Renee Krumwilde (Valhalla)	14:25
7 Eager (Vista)	14:26
8 Dyer (Henry)	14:31
9 Jennifer Sheffo (Poway)	14:33
10 Cook (Santana, Santee)	14:35

**2A Division Girls Team Scores:** 1. San Pasqual (Escondido) 49, 2. Sweetwater

(National City) 79, 3. Chula Vista 117, 4. Mar Vista (Imperial Beach) 150, 5. Torrey Pines (Del Mar) 153, 6. Fallbrook 169, 7. Southwest (San Diego) 170.

**2A Division Girls Individuals**

1 Sharon Lewis (San Pasqual)	14:23
2 Kerry Panno (San Pasqual)	14:26
3 Brooks (Bonita Vista)	14:34
4 Maureen Winner (Torrey Pines)	14:46
5 Fedorcha (Fallbrook)	14:46
6 Devers (Sweetwater)	14:53
7 Cathy Guevarra (Chula Vista)	14:55
8 Pedroza (Mar Vista)	14:57
9 Cartere (Southwest)	14:57
10 Trujillo (Fallbrook)	14:59

**1A Division Girls Team Scores:** 1. Clairemont (San Diego) 55, 2. La Jolla 67, 3. University City 80, 4. University (San Diego) 152, 5. Mission Bay (San Diego) 158, 6. Coronado 159, 7. San Diego 161.

**1A Division Girls Individuals**

1 Jackie Frost (University City)	14:42
2 Katherine Riddle (Coronado)	14:43
3 Patty Madrigal (Clairemont)	14:45
4 Tuberg (Ramona)	14:56
5 Tara McElhaney (Clairemont)	15:01
6 Je. Frost (University City)	14:42
7 Carrillo (University)	15:14
8 Douglas (La Jolla)	15:19
9 Colner (University City)	15:19

## L.A. City CIF Championships

From John A. Ortega

Jose-Luis Garcia of Lincoln High School and Paula Bresnan of Kennedy were the individual champions at the 1982 C.I.F. Los Angeles City Section Cross Country Championships on Saturday, December 11. Garcia, runner-up in the 1981 championships to Eugenio Cruz of North Hollywood, clocked a PR 14:52 over Pierce College's 3.0 mile course; while Bresnan ran a PR 12:19 (for a 2.1 mile course) in upsetting heavy pre-meet favorite Katie Dunsmuir of Palisades. Northern League Champions Belmont, led by the efforts of sophomore Ramon Gomez (2nd in 14:59) and Alex Carmona (3rd in 15:10), won the varsity team title over defending city champions San Pedro, 56-72. In the girls race, West Valley League Champions Chatsworth squeaked by Mid-Valley League Champions Kennedy, 100-103.

Although Garcia was the heavy pre-meet favorite, his victory did not come easily, as sophomore Gomez was able to stay within striking distance of the Lincoln senior until the last quarter-mile. In the early stages of the race, however, it appeared that Garcia would walk to victory; as he had opened up a twenty meter lead on the field by the half-mile mark. By the end of the first loop, Gomez had passed Garcia and opened up a small five meter lead.

At this stage of the race, Garcia appeared to be biding his time; so when he passed his Belmont rival and opened up a quick ten meter lead at the one and a half mile mark, it appeared to many spectators that the race for first was over. Gomez hadn't conceded victory to Garcia yet however and he steadily reeled in his Lincoln opponent.

With approximately six hundred yards left in the race, the two runners came to the last hill on the course, aptly named "Pukes Peak." Garcia held a slight lead as the two crested the top and he then began a long, drawn out drive to the finish, which slowly but surely put breathing distance between Gomez and himself. Although he finished seven seconds behind Garcia, Gomez had nothing to be ashamed of; his 14:59 clocking is by far the fastest ever run by an L.A. City section sophomore on the Pierce course.

When asked afterwards if he was surprised by Gomez's ability to stick with him, Garcia stated, "I wasn't surprised with how the race went. I had raced against him (Gomez) twice earlier this season and this race went exactly like the others. I took the early lead, he passed

me at the same spot on the course and then I regained the lead and kept it to the finish." Garcia also said, "The race was not easy; but I was confident of winning throughout." When asked if he had any goals for the upcoming 1983 track season, Garcia said, "Only one, to break nine minutes for two miles."

While Garcia was a heavy pre-meet favorite, girls champion Bresnan definitely was not. Katie Dunsmuir of Palisades had run 12:01 at the city prelims the week before and was considered a "sure thing" to win. Her closest competitors, Bresnan, Jennifer Liu of Monroe and Karen Lucy of Venice, had all run at least thirty-seven seconds slower than Dunsmuir at the prelims.

However, as the gun went off for the girls race, Dunsmuir was feeling tired and drained, due to a bout with bronchitis earlier in the week. With Dunsmuir unable and/or unwilling to push the early pace, Liu assumed the pacing chores and opened up a ten meter lead on Dunsmuir, Lucy and Bresnan at the mile mark. But soon thereafter, Liu's fast, early pace caught up with her and she began to fade. Near the one and a quarter mile mark, both Dunsmuir and Bresnan swept past Liu convincingly while Lucy began to drop off the leaders pace. As the two leaders approached "Pukes" Dunsmuir held a small lead. But while Dunsmuir struggled up the hill, Bresnan drove up it hard and opened up a commanding fifteen meter lead as she reached the top. From there, the Kennedy senior just extended her lead to the finish line. Dunsmuir finished second in 12:30.

Afterwards, the beaming Bresnan said that her pre-race strategy had been to run an even paced race and to shoot for second. "I didn't really think about winning until a half-mile to go. I thought by then that I had a pretty good chance of winning." A disappointed Dunsmuir said after the race, "I had no energy in the race, I had nothing." Even Kennedy coach Pete Nelson seemed surprised with Bresnan's victory. "I really thought Paula would get second. Some say Dunsmuir was sick, but Paula saw an opportunity and took it. She ran a super race."

From Keith Conning

**December 11. Pierce College.**

**Boys Individuals**

1 Garcia (Lincoln, LA)	14:52
2 Gomez (Belmont soph)	14:58
3 Carmona (Belmont)	15:10
4 Acosta (South Gate)	15:27
5 Barrow (San Pedro)	15:27
6 Encinas (San Pedro)	15:29
7 Aparicio (Roosevelt)	15:30
8 McFarlane (Palisades, Pac. Pail.)	15:31
9 Ingram (Granada Hills)	15:32
10 James Macon (Kennedy)	15:37
11 Montoya (Polytechnic)	15:42
12 Esqueda (Cleveland, Reseda)	15:43
13 Jackie Macon (Kennedy)	15:44
14 Jimenez (Roosevelt)	15:44
15 Ramos (Fremont, LA)	15:45

**Boys Teams:** 1. Belmont (LA) 56, 2. San Pedro 72, 3. Roosevelt (LA) 99, 4. Banning (Wilmington) 116, 5. Kennedy (Granada Hills) 119, 6. (tie) El Camino Real (Woodland Hills) 131, Eagle Rock (LA) 131, 8. Polytechnic (Sun Valley) 157, 9. North Hollywood 170, Granada Hills NS.

**Girls Individuals**

1 Bresnan (Kennedy)	12:19
2 Dunsmuir (Palisades)	12:28
3 Lucy (Venice, LA)	12:33
4 Liu (Monroe)	12:41
5 Walther (Chatsworth)	12:48
6 Stewart (Taft, Woodland Hills)	12:46
7 McMahon (San Pedro soph)	12:58
8 Santisteban (San Pedro)	12:59
9 Chavez (Lincoln)	12:59
10 Haro (University)	13:03
11 Silva (Kennedy)	13:05
12 Martinez (North Hollywood)	13:05
13 Nierlich (University)	13:08
14 Sanchez (Lincoln)	13:13
15 Anderson (Monroe soph)	13:18

**Girls Teams:** 1. Chatsworth 100, 2. Kennedy (Granada Hills) 103, 3. Lincoln (LA) 107, 4. University (LA) 108, 5. Roosevelt (LA) 114, 6. Palisades (Pac. Pail.) 121, 7. San Pedro 124, 8. Belmont (LA) 142, 9. Monroe (Sepulveda) 161.

## Sac-Joaquin Section Prep Profile:

# Jason Flamm

Emerging from the Shadows



Photo by Don Gosney

by Steve Fagundes

Prior to the 1982 cross country season, Jason Flamm ran in the shadow of one of the best distance runners in the United States. As such, he seldom had the opportunity to finish higher than second place in most meets. Following the first cross country race of his senior season, however, he established himself as an individual to consider in both state and national level competition. Following in the footsteps of friend and fellow Capital Athletic League runner Harold Kuphaldt (Bella Vista, Fair Oaks), Jason raced to impressive victories at the Cordova, Nevada Union, Stanford, and Soquel Invationals, and also garnered his first varsity titles at the league, subsection, and section championship meets. On his way to these titles, he broke numerous course and meet records that Kuphaldt had established the year before. The road to

season championship courses (i.e. Sierra College, Woodward Park) are relatively flat." Undefeated going into the Mt. San Antonio College (Mt. SAC) Cross Country Invitational, Jason suffered his first defeat at the hands of a strong southern California contingent led by Eric Reynolds (Camarillo). Despite this loss he remains optimistic with respect to his chances of achieving his season goals—winning the Nor Cal Championship, a place on the Kinney Western Regional Team, and first team All-American honors at the Kinney National Championships. As he related, "With school activities taking precedence the week before, I was not totally prepared for the Mt. SAC race. I will be ready for the important championship meets at the end of the season and except for Eric Reynolds, feel I can be competitive with the top runners in the field."

Although having yet to break nine minutes for the 3200 meters, Jason has set lofty goals for his final track season of 4:05.0 for the 1600 meters and 8:50.0 for the 3200 meters. These goals are not unreasonable based on his assessment of his junior track season. As he detailed, "I had traced my progression during the track season and compared it to the times that Harold (Kuphaldt) ran during his junior year.

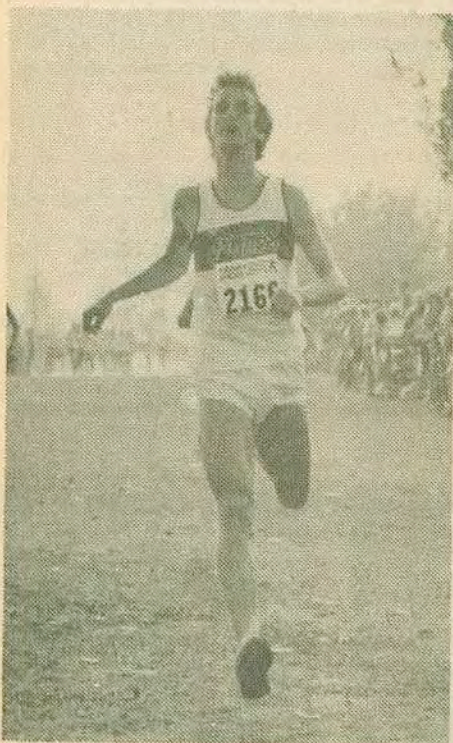
I was progressing at the same rate through the section meet and felt under good conditions at the State Meet, a sub nine minute race was possible. Unfortunately, a severe strain of the sartorius muscle of my left leg curtailed my training in the week prior to the State Meet. After running with the leaders through the first mile, the pain from the injury was too intense and I was forced to jog the last mile."

With his senior cross country season coming to a close, Jason has made only general plans concerning his future. A confident and intelligent athlete (he maintains a 3.98 grade point average), he plans on attending a PAC-10 university and pursuing a career in medicine. Running at the collegiate level is one of his goals, since he "really enjoys the competition."

At every level and in every sport, the inevitable comparisons are made between athletes of the past and present. As such the champions of the not so distant past cast a long shadow for those who follow. With his performances this season, Jason has emerged from these shadows and established himself as one of the finest cross country runners in Sac-Joaquin section history.

Jason Flamm was born April 26, 1965 and is 6' 3/4"/148 lbs. He attends La Sierra High School (Carmichael) and is coached by Mike Radov. His progression:

Year	Age	Class	800m	1600m	3200m	5000m
1978	13	7		5:19.1		
1979	14	8	2:17.0	4:52.4	10:06.3	
1980	15	9	2:09.0	4:32.2	9:48.4	
1981	16	10	Injured			
1982	17	11	2:00.0	4:15.3	9:11.8	15:06.0



Fine Flicks by Don Gosney

these achievements, however, was not always smooth.

Plagued by injuries which forced him to sit out most of his sophomore year, he has maintained a year round training program of 60-65 miles per week over the last two years, resulting in his continued improvement. As Jason explained his current training regimen, "Most of my speed work (two sessions per week) is composed of unregulated intervals or fartlek running with intervals on the track being used in the latter part of the season. Due to a slight knee injury in the early season, my hill workouts have been limited, but this should not be a real problem, since most of the late

## Northern California Invitational Rankings

Based on the teams competing in the Northern California Championships.  
By Keith Conning

	Boys	Girls	Total
1) Stanford Invitational	5	5	10
2) Crystal Springs Invitational	6	1	7
3) Artichoke Invitational	3	3	6
4) Herschel Miles Invitational	3	3	6
Nevada Union Invitational	4	2	6
6) Chico Invitational	2	3	5
Cordova Invitational	3	2	5
8) Alum Rock Invitational	3	1	4
Rio Linda Invitational	1	3	4
San Ramon Invitational	2	2	4
11) Foothill-St. Francis Invitational	0	3	3
McAteer Invitational	2	1	3
Soquel Invitational	2	1	3
14) Castro Valley Invitational	2	0	2
Madera Invitational	1	1	2
Merced Invitational	1	1	2
South Tahoe Invitational	0	2	2

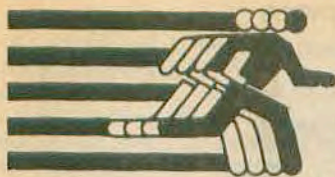
Note: I did not rank invitationals that did not have team competition. I will rank them next month when I do another invitational ranking based on individuals.

There were 30 teams competing in the Northern California Championships. Thus, the Stanford Invitational attracted 10 of the 30 teams or 1/3 of the field.

Unfortunately, the Stanford Invitational and the Crystal Springs Invitational came within two days of each other. Otherwise, more teams would have been able to compete on the two best cross country courses in the San Francisco Bay Area.

It should be noted that although Stanford led in total teams and girls teams, the Crystal Springs Invitational had the most boys teams with 6 or 40 percent of the Northern California Championship field.

This ranking can serve as a guide to coaches who want to enter the invitationals with the best team competition.



# KINNEY CROSS COUNTRY CHAMPIONSHIPS



## GIRLS FIRST TEAM ALL-WESTERN UNITED STATES

Left to right in order of finish: Cory Schubert, Laura Cattivera, Kathleen Ebner, Mary Curtin, Annette Hand, Tanla Fischer, Nanette Garcia, Sandy Blakeslee.

Fine Flicks by Don Gosney



## BOYS FIRST TEAM ALL-WESTERN UNITED STATES

Left to right in order of finish: Eric Reynolds, Chris Caldwell, Tracy Garrison, Jim Ortiz, Jesus Gutierrez, Jason Flamm, Mark Junkermann, George Yuster.

Fine Flicks by Don Gosney

# Western Regional

### December 4, Woodward Park, Fresno. GIRLS RACE (5,000 Meters)

First Team All Western United States	
1 Cory Schubert(San Jose, CA)	17:15.4
2 Laura Cattivera(Manhat Bch, CA)	17:27.4
3 Kathleen Ebner(W Covia, CA)	17:30.6
4 Mary Curtin(Tucson, AZ)	17:37.1
5 Annette Hand(Greenacres, WA)	17:38.0
6 Tania Fischer(Canoga Pk, CA)	17:39.9
7 Nanette Garcia(San Jose, CA)	17:41.0
8 Sandy Blakeslee(Vista, CA)	17:45.3
Second Team All Western United States	
9 Kirsten O'Hara(Palos Ver, CA)	18:04.3
10 Judy McLaughlin(Irvine, CA)	18:04.8
11 Joni Mooney(Vacaville, CA)	18:11.2
12 Jamie Blisplinghoff(LasVg NV)	18:11.8
13 Teresa Barrios(Irvine, CA)	18:12.2
14 Rebecca Chamberlain(SJ, CA)	18:12.5
15 Julie Van Horn(Sac, CA)	18:14.9
16 Gladees Prieur(LA, CA)	18:16.4
Third Team All Western United States	
17 Lauretta Miller(Car, Ct, NV)	18:18.9
18 Valerie McVicar(Cany, Ct, CA)	18:20.4
19 Julie Seleine(Irvine, CA)	18:22.5
20 Betsy Berg(Tucson, AZ)	18:24.3
21 Laurie White(Manhat Bch, CA)	18:25.2
22 Janice Posey(Cameron, AZ)	18:26.8
23 Peggy Murri(Salem, OR)	18:27.0
24 Sue Martineau(Eugene, OR)	18:27.3
25 Molly Trittle(Spokane, WA)	18:32.4
26 Tammy Marie Brazzi(Chino, CA)	18:34.7
27 Colleen Quam(Eugene, OR)	18:36.4
28 Allison Keller(Piedmont, CA)	18:38.1
29 Ann Ratto(Alameda, CA)	18:42.8
30 Kathy Cooke(Oakland, CA)	18:45.3
31 Amy Cathcart(Pleasanton, CA)	18:45.7
32 Lisa Rizzo(Valencia, CA)	18:47.0
33 Julie Ruiz(Santa Rosa, CA)	18:47.3
34 Heidi Heywood(Tucson, AZ)	18:49.8
35 Heidi Valentine(Spokane, WA)	18:50.5
36 Ann Beman(San Marino, CA)	18:52.2
37 Pauline Esquivel(Jamul, CA)	18:52.5
38 Noreen DeBettencourt(CA)	18:58.5
39 Tiffany Prusia(Upland, CA)	18:57.3
40 Sally Pinkner(Davis, CA)	18:58.2
41 Renee Krummelde(Sprg Vy, CA)	19:00.9
42 Elisabeth Thurston(Los Al, NM)	19:02.4
43 Linda Fairman(Thou, Oaks, CA)	19:02.7
44 Julie Clymens(Spokane, WA)	19:07.5

45 DeeAnn Lovell(LaMesa, CA)	19:08.2
46 Barbara Keehner(San Jose, CA)	19:08.6
47 Heidi Vanderwild(Spokane, WA)	19:09.5
48 Carol Bradley(Pocatello, ID)	19:09.9
49 Debbie Williams(Norco, CA)	19:10.2
50 Laurie Bushung(Yuba City, CA)	19:10.5
BOYS RACE (entrants over 18:15 for 5k)	
1 Romney Mawhorter(LaVer, CA)	16:06.4
2 Adam Wilson(Kings Bch, CA)	16:09.3
3 Kevin Nibbet(Santa Barb, CA)	16:09.5
4 Craig Porter(Clovis, CA)	16:10.6
5 Dennis Shook(Placentia, CA)	16:11.9
6 Kerk Brown(Lompoc, CA)	16:12.7
7 Bryan Bradburn(Madera, CA)	16:15.7
8 Joe Trejo(EI Monte, CA)	16:16.0
9 Doug Twillieager(Merced, CA)	16:20.1
10 Mike Larsen(Carmichael, CA)	16:23.0
BOYS RACE 2(entrants under 18:15 for 5k)	
First Team All Western United States	
1 Eric Reynolds(Somis, CA)	14:39.4
2 Christopher Caldwell(Tuc, AZ)	14:55.8
3 Tracy Garrison(Klam, Fall, OR)	14:56.9
4 James Ortiz(Barstow, CA)	14:57.7
5 Jesus Gutierrez(Sier, Mad, CA)	14:58.1
6 Jason Flamm(Carmich, CA)	15:01.1
7 Mark Junkermann(Los Ala, CA)	15:02.3
8 George Yuster(Encino, CA)	15:04.3
Second Team All Western United States	
9 Joe Manuel(Chula Vista, CA)	15:10.7
10 Ronald Harris(Rialto, CA)	15:12.5
11 Ken McChesney(Eugene, OR)	15:13.1
12 Rene Perez(Woodland, CA)	15:14.6
13 John Morse(Walnut Ck, CA)	15:15.0
14 Ted Goodlake(Fallbrook, CA)	15:16.5
15 Dean Irvin(Corvallis, OR)	15:17.9
16 Eugenio Cruz(Burbank, CA)	15:18.3
Third Team All Western United States	
17 James Frey(Montague, CA)	15:18.6
18 Eric J. Fahlgren(Portland, CA)	15:18.9
19 Scott Hakeman(Placentia, CA)	15:19.2
20 Calvin Gaziano(Castro Vy, CA)	15:19.5
21 Aaron Ruud(EI Cajon, CA)	15:19.8
22 Richard Dissly(Los Alamos, CA)	15:20.1
23 Paul Greer(Solana Bch, CA)	15:20.4
24 Peter Vicencio(Auburn, CA)	15:20.7

25 Manuel Brasley(Pico Riv., CA)	15:21.1
26 Danny Palma(LaCrescent, CA)	15:21.5
27 Mike Livingston(San Jose, CA)	15:25.0
28 Matt Clayton(Imperial Bch, CA)	15:26.3
29 Patrick Green(LaJolla, CA)	15:27.7
30 Jesus Sandoval(Spr. Vly, CA)	15:28.7
31 Jim Smith(Tualatin, OR)	15:30.8
32 Andy Endischee(Kayenta, AZ)	15:32.9
33 Patrick Watson(Palos Ver, CA)	15:33.7
34 Mike Miner(Philomath, OR)	15:34.4
35 Bob Nielsen(Boise, ID)	15:35.2
36 Jim LaFuente(San Jose, CA)	15:36.1
37 J.P. Hall(Pasadena, CA)	15:36.4

38 Greg Jones(Spokane, WA)	15:36.7
39 Christopher Craig(LosGat, CA)	15:37.0
40 Toby Cook(Gladstone, OR)	15:37.5
41 John Trevithick(LaCanada, Ca)	15:37.9
42 Stan Holman(Spokane, WA)	15:38.3
43 Danny Ouellete(San Diego, CA)	15:38.5
44 Ari Schauder(LaMesa, CA)	15:38.8
45 Orlando Biggs(San Jose, CA)	15:39.2
46 John Truax(Corvallis, OR)	15:39.7
47 Ryan Gilliam(Sebastopol, CA)	15:40.2
48 Ricky Martinez(Fullerton, CA)	15:41.4
49 Jason Mawhinney(Tucson, AZ)	15:42.3
50 Rich Tyrie(Spokane, WA)	15:47.6

Fine Flicks by Don Gosney

photo by Doug Speck



Laura Cattivera  
Second Place Girls



Romney Mawhorter  
Winner Boys First Race

# National Championships



photo by Judy Cockerham

The Western Team at the Nationals - note the American Record Holder in the center of the back row.



## December 11, Orlando, Florida.

### BOYS RACE—5,000 METERS

- 1 Eric Reynolds(Somis,CA) 14:35.7
- 2 Mike Connelly(Greenlane,PA) 14:49.5
- 3 Stephen Taylor(St.Mary's,WV) 14:53.6
- 4 Michael Collins(Rye,NY) 14:54.1
- 5 Anthony Smith(Port Chest,NY) 14:54.8
- 6 Brian Jaeger(Winter Pk.,FL) 14:56.2
- 7 Jesus Gutierrez(Sier.Mad,CA) 14:56.6
- 8 Bob Mau(Rocky River,OH) 15:00.0
- 9 Tracy Garrison(Klam.Fall,OR) 15:01.7
- 10 Mark Junkermann(Los Ala,CA) 15:03.0
- 11 Walter Deneen(Johnson Ct,TN) 15:05.0
- 12 Victor Treat(College Stat,TX) 15:06.7
- 13 Tom Feder(Crown Pt.,IN) 15:09.6
- 14 Gavin Gaynor(Hawesville,KY) 15:10.9
- 15 Jose Rocha(New Bedford,MA) 15:11.6
- 16 William Convey(Cor.Gables,FL) 15:14.3

- 17 Ken Cheeseman(Cassibery,FL) 15:14.7
  - 18 Dan Foley,Jr.(Beverly,MA) 15:15.5
  - 19 Phil Schoensee(Centerline,MI) 15:17.1
  - 20 Curt Anschuetz(Brookfield,WI) 15:21.3
  - 21 Todd Wienke(Whitefish By,WI) 15:21.7
  - 22 Jason Flamm(Carmichael,CA) 15:28.3
  - 23 Brian Redman(Piedmnt,WV) 15:30.5
  - 24 Jeff Moss(Spring,TX) 15:31.6
  - 25 James Ortiz(Barstow,CA) 15:32.5
  - 26 Ted Hurst(Sylvia,KS) 15:34.7
  - 27 Greg Hoofnagle(Atkins,VA) 15:35.3
  - 28 Andy Herr(Berea,OH) 15:37.5
  - 29 George Yuster(Encino,CA) 15:43.5
  - 30 Chris Caldwell(Tucson,AZ) 15:49.5
  - 31 Michael Simmons(S.Milwa,WI) 16:18.0
  - 32 John Carlotti(Bernardsville,NJ) 16:29.8
- Team Scores:** 1.Northeast 29, 2.Western 49, 3.Southern 59, 4.Midwest 81.

### GIRLS RACE—5,000 METERS

- 1 Christine Curtin(Bellemeore,NY) 16:58.6
- 2 Michelle Rowen(Turnersvil,NJ) 17:02.3
- 3 Cory Schubert(San Jose,CA) 17:04.6
- 4 Andrea Volpe(Springfield,VA) 17:06.2
- 5 Janet Smith(Edison,NJ) 17:13.6
- 6 Laura Cattivera(Manht.Bch,CA) 17:22.1
- 7 Thayer Pianta(Cambridge,MA) 17:24.8
- 8 Susan Keeney(Middleton,WI) 17:29.3
- 9 Michelle Kalkin(Olmsd.FI,OH) 17:32.5
- 10 Cathy Schiro(Dover,NH) 17:33.1
- 11 Carmen Gardner(Daytona,FL) 17:35.8
- 12 Melissa Straza(Urbana,IL) 17:39.6
- 13 Kimberly Ryan(New Paltz,NY) 17:42.7
- 14 Jill Kingsbury(Washington,MO) 17:45.8
- 15 Kathleen Ebner(W.Covina,CA) 17:48.5
- 16 Nanette Garcia(San Jose,CA) 17:49.7
- 17 Sandy Blakeslee(Vista,CA) 17:51.1

- 18 Karol Dorsett(St.Petersbg,FL) 17:51.5
  - 19 Annette Hand(Greenacres,WA) 17:58.5
  - 20 Bridget Boyajian(Des Pla,IL) 17:59.3
  - 21 Colleen Scanlan(Blue Bell,PA) 18:05.0
  - 22 Tania Fischer(Canoga Pk,CA) 18:07.6
  - 23 Kathryn Ormsby(Rock,NC) 18:08.5
  - 24 Cecile Gaines(Blacksburg,VA) 18:10.2
  - 25 Tina Chaney(Lima,OH) 18:14.1
  - 26 Eileen Ellig(Rutland,VT) 18:17.8
  - 27 Donna Combs(Neptune B.FL) 18:21.5
  - 28 Alisa Harvey(Annandale,VA) 18:21.6
  - 29 Elizabeth Hester(Bristol,VA) 18:54.7
  - 30 Kathy Mertes(Lombard,IL) 19:04.6
  - 31 Mary Curtin(Tucson,AZ) 19:40.6
  - 32 Patty Metzler(N.Jackson,OH) 19:50.5
- Team Scores:** 1.Northeast 25, 2.Western 57, 3.Midwest 63, 4.Southern 80.

## ★ Kinney Nat'l Champs ★

photo by James Reynolds



Eric Reynolds

photo by James Reynolds



Christine Curtin



(L to R): Cory Schubert, Tania Fischer, Steve Scott, Nanette Garcia, Laura Cattivera, and Kathleen Ebner.

photo by James Reynolds